The Hub Kitchen Set Day Menu

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	Monday 25th August	Tuesday 26th August	Wednesday 27th August	Thursday 28th August	Friday 29th August	
Week 1	Bank Holiday	Sweet and Sour Chicken	Roast Pork and Apple Sauce	Cheese and Caramelised Onion	Salmon in a Honey and Mustard	
		served with Basmati Rice	served with Roast Potatoes	Quiche, served with New potatoes	sauce, served with Roast Potatoes	
		and Garlic Bread	and Vegetables	and Salad	and Vegetables	
		Peach and Mango Crumble	Toffee Fudge	Apple Upside Down Cake	Pineapple	
		served with Custard	Mess	served with Cream	Fool	
Week 2	Monday 1st September	Tuesday 29th July	Wednesday 30th July	Thursday 31st July	Friday 1st August	
	Haddock in a Creamy Leek Sauce	Braised Beef with Ginger	Roast Chicken and Stuffing	Dijon Pork	Tomato, Roasted Red Pepper and	
	served with New Potatoes	served with Roast Potatoes	served with Roast Potatoes	served with New Potatoes	Herb Tart, served with	
	and Vegetables	and Vegetables	and Vegetables	and Vegetables	Potato Wedges and Salad	
	Lemon Topsy Turvy	Honey and Lemon Tray Bake	 Mandarin	Raspberry and White Chocolate	Fruit crumble	
	Cheesecake	served with Custard	Trifle	loaf served with Cream	served with custard	
$\perp$	CHEESECARE	served with custard	Time	ioai served with cream	served with custard	
Week 3	Monday 4th August	Tuesday 5th August	Wednesday 6th August	Thursday 7th August	Friday 8th August	
	Pork Stroganoff	Herb Crusted Cod served	Roast Gammon	Summer Chicken Pasta Bake	Sausages in Leek and Apple Sauce	
	served with Wild Rice	with Roast Potatoes	served with Roast Potatoes	served with Garlic Bread	served with new potato	
	and Side Salad	and Vegetables	and Vegetables	and a Side Salad	and Vegetables	
	Banoffee	Pear Crumble	Honey and Ginger-based	Clotted Cream Sponge	Fruit	
	Whip	served with Custard	Cheesecake	served with Fruit Coulis	Fool	
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Week 4	Monday 11th August	Tuesday 12th August	Wednesday13th August	Thursday 14th August	Friday 15th August	
	Quiche Lorraine	Sausages in Rich Tomato Gravy	Roast Pork and Apple Sauce	Slow Cooked Beef & Mushroom	Devilled Chicken	
	served with New Potatoes	served with Roast Potatoes	served with Roast Potatoes	Bake, served with New Potatoes	served with Roast Potatoes	
	and Salad	and Vegetables	and Vegetables	and Vegetables	and Vegetables	
	Berry	Stuffed	Strawberry	Blueberry & Almond Brioche	Eton	
	Trifle	Apple	Cheesecake	served with Cream	Mess	
Week 5	Monday 18th August	Tuesday 19th August	Wednesday 20th August	Thursday 21st August	Friday 22nd August	
	Cheddar, Tomato & Onion Quiche	Pork Creole	Roast Chicken and Stuffing	Cheesy Topped Mash	Cottage Pie Stuffed	
	served with Potato Wedges	served with New Potatoes	served Roast Potatoes	Medley Fish Pie	Jacket Potatoes	
	and Salad	and Vegetables	and Vegetables	served with Vegetables	served with Vegetables	
	Mixed Fruit	Banana & Chocolate Chip	Apricot & Honey	Apple Crumble	Lemon Drizzle	
	Fool	Loaf	Mess	served with Custard	Slice	
	FUUI	LUdi	iviess	serveu with Custaru	Silice	

If the Set Day Menu doesn't appeal to you, please check the back of the menu for additional and vegetarian options.

### Meals Available Throughout The Month.

#### Jacket Potatoes £8.00

(Not available on Wednesdays)

Served with our Signature Coleslaw and Salad

**Cheese and Spring Onion** 

Tuna Mayo

**Roasted Vegetables** 

#### Monthly Hot Meal Specials £8.00

Sweet Potato Topped Pie (Minced Beef) served with Vegetables Chicken Casserole service with Potatoes and Vegetables

#### **Monthly Dessert Options £3.00**

Choose from: Fruit Mess or Fruit Salad

#### Sandwiches £3.00 Choose from:

Egg Mayonnaise, Tuna Mayonnaise or Mature Cheddar You can add Tomato, Onion, Sweetcorn, Pickle or Cucumber Served on Wholemeal or White Bread

#### Vegetarian Options available (except Wednesday) each week

Veggie Sausage Bake served with Potatoes and Vegetables
Vegetable Casserole served with Potatoes and Vegetables

#### Vegetarian Wednesday Roast

(available every Wednesday)

Quorn Roast
served with Roast Potatoes and Vegetables



#### Food Allergies and Intolerances: Gluten, Dairy, Eggs, Fish, Nuts, Sulphites,

**Soya and Mustard** Before ordering your food please speak to our staff if you require details of the ingredients of any items on the menu. **All food is prepared and cooked in a kitchen where allergenic ingredients are present.** 



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# **Hot Food Delivery Service**



www.middevonmobility.org.uk
thehubkitchen@middevonmobility.org.uk



## Hot food delivered to your door!

Main Meal Regular £8.00 Large £9.00

Jacket Potatoes £8.00

Dessert £3.00 Sandwiches £3.00

Minimum Delivery Order £8.00 Free delivery In Tiverton