

## The Hub Kitchen Set Day Menu

Week 1	<b>Monday 21st July</b> Beef in Horseradish Gravy served with New Potatoes and Vegetables Strawberry Mousse	<b>Tuesday 22nd July</b> Sweet and Sour Chicken served with Basmati Rice and Garlic Bread Peach and Mango Crumble served with Custard	<b>Wednesday 23rd July</b> Roast Pork and Apple Sauce served with Roast Potatoes and Vegetables Toffee Fudge Mess	<b>Thursday 24th July</b> Cheese and Caramelised Onion Quiche, served with New potatoes and Salad Apple Upside Down Cake served with Cream	<b>Friday 25th July</b> Salmon in a Honey and Mustard sauce, served with Roast Potatoes and Vegetables Pineapple Fool
	<b>Monday 28th July</b> Haddock in a Creamy Leek Sauce served with New Potatoes and Vegetables Lemon Topsy Turvy Cheesecake	<b>Tuesday 29th July</b> Braised Beef with Ginger served with Roast Potatoes and Vegetables Honey and Lemon Tray Bake served with Custard	<b>Wednesday 30th July</b> Roast Chicken and Stuffing served with Roast Potatoes and Vegetables Mandarin Trifle	<b>Thursday 31st July</b> Dijon Pork served with New Potatoes and Vegetables Raspberry and White Chocolate loaf served with Cream	<b>Friday 1st August</b> Tomato, Roasted Red Pepper and Herb Tart, served with Potato Wedges and Salad Fruit Crumble served with Custard
Week 3	<b>Monday 4th August</b> Pork Stroganoff served with Wild Rice and Side Salad Banoffee Whip	<b>Tuesday 5th August</b> Herb Crusted Cod served with Roast Potatoes and Vegetables Pear Crumble served with Custard	<b>Wednesday 6th August</b> Roast Gammon served with Roast Potatoes and Vegetables Honey and Ginger Cheesecake	<b>Thursday 7th August</b> Summer Chicken Pasta Bake served with Garlic Bread and a Side Salad Clotted Cream Sponge served with Fruit Coulis	<b>Friday 8th August</b> Sausages in Leek and Apple Sauce served with new potato and Vegetables Fruit Fool
	<b>Monday 11th August</b> Quiche Lorraine served with New Potatoes and Salad Berry Trifle	<b>Tuesday 12th August</b> Sausages in Rich Tomato Gravy served with Roast Potatoes and Vegetables Stuffed Apple	<b>Wednesday 13th August</b> Roast Pork and Apple Sauce served with Roast Potatoes and Vegetables Strawberry Cheesecake	<b>Thursday 14th August</b> Slow Cooked Beef & Mushroom Bake, served with New Potatoes and Vegetables Blueberry & Almond Brioche served with Cream	<b>Friday 15th August</b> Devilled Chicken served with Roast Potatoes and Vegetables Eton Mess
Week 5	<b>Monday 18th August</b> Cheddar, Tomato & Onion Quiche served with Potato Wedges and Salad Mixed Fruit Fool	<b>Tuesday 19th August</b> Pork Creole served with New Potatoes and Vegetables Banana & Chocolate Chip Loaf	<b>Wednesday 20th August</b> Roast Chicken and Stuffing served Roast Potatoes and Vegetables Apricot & Honey Mess	<b>Thursday 21st August</b> Cheesy Topped Mash Medley Fish Pie served with Vegetables Apple Crumble served with Custard	<b>Friday 22nd August</b> Beef Cottage Pie Stuffed Jacket Potatoes served with Vegetables Lemon Drizzle Slice

**If the Set Day Menu doesn't appeal to you, please check the back of the menu for additional and vegetarian options.**

## Meals Available Throughout The Month

**Jacket Potatoes £8.00**  
(Not available on Wednesdays)  
*Served with our Signature Coleslaw and Salad*  
Cheese and Spring Onion  
Tuna Mayo  
Roasted Vegetables

### **Monthly Hot Meal Specials £8.00**

Sweet Potato Topped Pie (Minced Beef) served with Vegetables  
Chicken Casserole served with Potatoes and Vegetables

### **Monthly Dessert Options £3.00**

Choose from: Fruit Mess or Fruit Salad

### **Sandwiches £3.00 Choose from:**

Egg Mayonnaise, Tuna Mayonnaise or Mature Cheddar  
You can add Tomato, Onion, Sweetcorn, Pickle or Cucumber  
*Served on Wholemeal or White Bread*

Veggie Sausage Bake served with Potatoes and Vegetables  
Vegetable Casserole served with Potatoes and Vegetables

### **Vegetarian Wednesday Roast**

(available every Wednesday)

Quorn Roast  
served with Roast Potatoes and Vegetables



**Food Allergies and Intolerances:** Gluten, Dairy, Eggs, Fish, Nuts, Sulphites, Soya and Mustard Before ordering your food please speak to our staff if you require details of the ingredients of any items on the menu. All food is prepared and cooked in a kitchen where allergenic ingredients are present.



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## Hot Food Delivery Service



[www.middevonmobility.org.uk](http://www.middevonmobility.org.uk)

[thehubkitchen@middevonmobility.org.uk](mailto:thehubkitchen@middevonmobility.org.uk)



MidDevonMobility

## Hot food delivered to your door!

Main Meal Regular £8.00 Large £9.00

Jacket Potatoes £8.00

Dessert £3.00

Sandwiches £3.00

Minimum Delivery Order £8.00

Free delivery In Tiverton