| | <u>/eekly Special</u> | Tuesday 30th April | <u>Wednesday 1st May</u> | <u>Thursday 2nd May</u> | <u>Friday 3rd May</u> |
|---|---|---|--|---|---|
| Beef and Cranberry Casserole served with Roast Po- tatoes and a Selection of Vegetables Mushroom and Cranberry Casserole with Roast Pota- | | Sausage and Leek Bake with Roast Potatoes and Vegetables Peach Crumble served | Creamy Chicken and Bacon Pasta Bake with Salad and Wholemeal Bread | Cod in Cheese and Parsley Sauce with New Potatoes and Veg | Roast Gammon with Cauliflower Cheese, Petit Pois and Sauté Potatoes |
| toes and a Selection of Vegetables Eton Mess | | with Custard | Oreo Cheesecake | Honey and Ginger Sponge served with Custard | Fruit Trifle |
| | | Allergens in this week's Menu : - Gluten, Eggs, Dairy, Mustard, Fish, Soya, Sulphites | | | |
| Weekly Special | | <u>Tuesday 7th May</u> | <u>Wednesday 8th May</u> | <u>Thursday 9th May</u> | <u>Friday 10th May</u> |
| Pork and Apricot Tray Bake with New Potatoes and Vegetables | | Chicken and Veg Puff Pastry Pie with Roast Potatoes and Vegetables | Minced Beef and Cheese Stuffed Jacket Potatoes and seasonal Vegetables | Sausages in Onion Gravy with Roast Potatoes and Vegetables | Medley of Fish Puff Pastry Pie with New Potatoes and Vegetables |
| Country Veg Tray Bake with New Potatoes and Vegetables Fruit Stuffed Baked Apple | | Fruit Crumble served with Custard | Banoffee Whip | Orange Drizzle Loaf served with Custard | Raspberry and Lemon Curd Cheesecake |
| | | Allergens in this week's Menu : - Gluten, Eggs, Dairy, Mustard, Fish, Soya, Sulphites | | | |
| New! | <u>Monday 13th May</u> | <u>Tuesday 14th May</u> | <u>Wednesday 15th May</u> | <u>Thursday 16th May</u> | <u>Friday 17th May</u> |
| Meals | Honey and Garlic Glazed Chicken, Roast Potatoes and Vegetables | Salmon with Cream and Mustard Sauce with New Potatoes and | Pork, Mushroom and Shallots with Roast Potatoes and Vegetables | Garlic Mushroom Tart with New Potatoes and Salad | Springtime Sausage Casserole with Roast Potatoes and Vegetables |
| available | (Vegetarian option available) | Vegetables | Golden Syrup Sponge | Blueberry and Almond Brioche | Pear Upside Down Cake |
| on Mondays | Mandarin Topsy Turvy Cheesecake | Lemon Posset and Shortbread | Served with Custard | Slice with Yoghurt | served with Custard |
| starting | Vegetarian Options are available for most meals, contact us for details. Allergens in this week's Menu : - Gluten, Eggs, Dairy, Mustard, Fish, Nuts | | | | |
| 13th | Monday 20th May | <u>Tuesday 21st May</u> | <u>Wednesday 22nd May</u> | <u>Thursday 23rd May</u> | <u>Friday 24th May</u> |
| May. | Ham, Leek and Shallot Quiche with Wedges and Salad | Beef in Horseradish Gravy with Roast Potatoes and Vegetables | Sweet and Sour Pork with Basmati Rice and Garlic Bread | Creamy Tarragon Chicken with Roast Potatoes and Vegetables | Cheesy Haddock and Broccoli Bake with New Potatoes and |
| This will | (Vegetarian option available) | | | · · | Vegetables |
| be a six week | Apple and Sultana Crumble served with Custard | Chocolate Cheesecake | Strawberry Trifle | Treacle Tart served with Custard | Fruit Fool |
| trial and | Vegetarian Options are available for most meals, contact us for details. Allergens in this week's Menu : - Gluten, Eggs, Dairy, Mustard, Fish, Soya, Sulphites | | | | |
| may | Monday 27th May | <u>Tuesday 28th May</u> | <u>Wednesday 29th May</u> | <u>Thursday 30th May</u> | <u>Friday 31st May</u> |
| continue if | Closed due to | Beef Goulash with Basmati Rice and Salad | Creamy Honey and Mustard Chicken with Roast Potatoes and Vegetables | Salmon and Spinach Tart with New Potatoes and Seasonal Vegetables | Roast Pork with Apple Sauce Stuffing, Roast Potatoes and Vegetables |
| popular. | Bank Holiday | Jamaican Ginger Cake served with Custard | Strawberry Cheesecake | Custard Tart and Cream | Oat Topped Mango Crumble Served with Custard |

Allergens in this week's Menu : - Gluten, Eggs, Dairy, Mustard, Fish

Vegetarian Options are available for most meals, contact us for details.

Hot food delivered to your door!

Main Meal £7.00 Jacket Potatoes £7.00
Dessert £3.00 Sandwiches £3.00
Minimum Delivery Order £7.00
Free Delivery In Tiverton

Meals Available Throughout The Month.

Jacket Potatoes £7.00

Served with Coleslaw and Salad

Chicken & Bacon Mayo

(Dairy, Egg, Mustard, Gluten)

Cheese & Red Onion Chutney (V)

(Dairy, Egg, Mustard, Gluten)

Tuna Crunch

(Dairy, Egg, Fish, Mustard, Gluten)

Cheddar and Stilton Stuffed Mushrooms (V)

Served with Roast Potatoes and Salad (Dairy, Gluten)

£7.00

Sandwiches £3.00 Choose from:

Egg Mayonnaise, Tuna Mayonnaise or Mature Cheddar You can add Tomato, Onion, Sweetcorn, Chutney or Cucumber Served on Wholemeal or White Bread

Food Allergies and Intolerances:

Before ordering your food please speak to our staff if you require details of the ingredients of any items on the menu. All food is prepared and cooked in a kitchen where allergenic ingredients are present.



Our kitchen is proud to 'Keep It Local' and use fruit, vegetables and meat purchased from Halberton Court Farm Shop



Mid Devon Mobility

Connecting Communities

Registered Charity No. 1099477 Company Ltd by Guarantee 4738406



Tiverton: 01884 242099

www.middevonmobility.org.uk thehubkitchen@middevonmobility.org.uk



