

Please aim to order all food deliveries one week in advance - *Thank you*

Weekly Special

Creamy Chicken, Mushrooms & Leek Bake
served with Roast Potatoes & Veg

Creamy Roasted Vegetable Bake served with
Roast Potatoes and Vegetables

Peach Tart and Cream

Tuesday 5th March

Beef and Cranberry Casserole
served with Roast Potatoes and
Vegetables

Rhubarb Crumble & Custard

Wednesday 6th March

Slow Cooked Pork with Apples
& Peppers served with New
Potatoes and Vegetables

Pineapple Upside Down Cake
and Cream

Thursday 7th March

Salmon in a Creamy Spinach &
Leek sauce served with Roast
Potatoes and Vegetables

Tropical Trifle

Friday 8th March

Caramelised Onion and Sausage
Casserole with Mashed
Potatoes and Vegetables

Toffee Cheesecake

Allergens in this week's Menu : - Gluten, Eggs, Fish, Dairy, Mustard, Nuts, Sulphites

Weekly Special

Creole Pork with Roast Potatoes and
Vegetables

Fruity Carrot and Chickpea Tagine with Roast
Potatoes and Vegetables

Berry Crumble served with Custard

Tuesday 12th March

Smoked Haddock Potato
Topped Pie with Vegetables

Plum & White Chocolate
Traybake

Wednesday 13th March

Honey Chicken and Mushroom
Bake served with Roast
Potatoes and Vegetables

Banoffee Whip

Thursday 14th March

Sausage Hot Pot served with a
selection of Vegetables

Mango Topsy Turvy Cheesecake

Friday 15th March

Beef and Guinness Pie served
with Roast Potatoes and
Vegetables

Irish Apple Cake served with
Custard

Allergens in this week's Menu : - Gluten, Eggs, Fish, Dairy, Mustard, Nuts, Sulphites, Soya

Weekly Special

Sticky Marmalade Sausages, Roast Potatoes and
Vegetables

Veggie Sausage Casserole served with Roast
Potatoes and a selection of Vegetables

Strawberry Mousse served with Shortbread

Tuesday 19th March

Fruity Pork Tagine served with
New Potatoes and Vegetables

Apple and Cinnamon Crumble
Pie and Cream

Wednesday 20th March

Farmhouse Cottage Pie served
with a selection of Vegetables

Raspberry and White Chocolate
Cheesecake

Thursday 21st March

Devilled Chicken served with
Roast Potatoes and Vegetables

Lemon Drizzle Slice

Friday 22nd March

Creamy Cod Pie served with
Roast Potatoes and Vegetables

Berry mess

Allergens in this week's Menu : - Gluten, Eggs, Fish, Dairy, Mustard, Sulphites, Soya

Weekly Special Not Available on Friday 29th March

Beef, Mushrooms and Shallot Pie served with
Roast Potatoes and Vegetables

Roasted Vegetables and Butterbean Casserole
with Roast Potatoes and Vegetables

Creamy Rice Pudding with Strawberry Jam

Tuesday 26th March

Sausages in an Onion Gravy
served with Roast Potatoes and
Vegetables

Chocolate & Golden Syrup
Sponge with Custard

Wednesday 27th March

Honey and Mustard Pork served
with Roast Potatoes and a
selection of Vegetables

Lemon Curd Cheesecake

Thursday 28th March

Salmon and Broccoli Quiche
served with New Potatoes,
Salad and Coleslaw

Black Cherry Crumble served
with Custard

Friday 29th March

Delivered on Thursday

Cold Chicken Salad served with
Potato Salad Coleslaw &
Homemade Bread

Apricot Fool

Allergens in this week's Menu : - Gluten, Eggs, Fish, Dairy, Mustard, Soya

Hot food delivered to your door!

Main Meal £7.00 Jacket Potatoes £7.00

Dessert £3.00 Sandwiches £3.00

Minimum Delivery Order £7.00

Free Delivery In Tiverton, £2 outlying areas

Jacket Potatoes £7.00

Served with Coleslaw and Tuscan Salad

Spicy Dahl (V)

(Dairy, Egg, Mustard, Sulphites, Gluten)

Red Fox Cheese and Caramelised Onion Chutney (V)

(Dairy, Egg, Mustard, Gluten)

Tuna Mayo and Red Onion

(Dairy, Egg, Mustard, Fish, Gluten)

Ratatouille Tart (V)

Served with Roast Potatoes, Coleslaw and Tuscan Salad

(Dairy, Gluten, Egg, Mustard)

£7.00

Sandwiches £3.00 Choose from:

Egg Mayonnaise, Tuna Mayonnaise or Mature Cheddar

You can add Tomato, Onion, Sweetcorn, Chutney or Cucumber

Served on Wholemeal or White Bread

(please ask for allergens before ordering)

Food Allergies and Intolerances:

Before ordering your food please speak to our staff if you require details of the ingredients of any items on the menu. All food is prepared and cooked in a kitchen where allergenic ingredients are present.



Our kitchen is proud to 'Keep It Local' and use fruit, vegetables and meat purchased from Halberton Court Farm Shop



Mid Devon Mobility

Connecting Communities

Registered Charity No. 1099477

Company Ltd by Guarantee 4738406



March

Hot Food Delivery Service

Tiverton: 01884 242099

www.middevonmobility.org.uk

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MidDevonMobility



@MidDevonMobility

