

[Become a Mid Devon Mobility Trishaw Volunteer](#)

What is a Trishaw?-

A Trishaw is a light three wheeled vehicle with pedals and an optional power assist mode that can transport two passengers.



Who can be a Trishaw Volunteer?

Anyone over the age of 18.

Our Trishaw project is based on generosity and kindness. It starts with the obvious generous act of taking one or two older or less-abled people out on a bike ride.

Each journey is designed to with slowness in mind to allow the passenger to sense the environment, be present in the moment and enable people you meet along the way to be curious and gain knowledge about our Trishaw because you make time to stop and talk.

Life unfolds at all ages, young and old, and can be thrilling, fun, sad, beautiful and meaningful. Our Trishaw project is about letting people age in a positive context – fully aware of the opportunities that lie ahead when interacting in their local community.

What is expected of a Trishaw Volunteer?

- You will need to enjoy cycling
- Donate a few hours each month
- Have good independent judgement and integrity.
- Be supportive & motivated

